Participant #
Evaluation o

Evaluation of Gaze Interaction Interface

Cognitive Workload / NASA Task Load Index

MENTAL DEMAND

How much mental and perceptual activity was required (e.g., thinking, deciding, calculating, remembering, looking, searching, etc.)? Was the task easy or demanding, simple or complex, exacting or forgiving?

1	2	3	4	5	6	7	8	9	10	
Low									High	

PHYSICAL DEMAND

How much physical activity was required (e.g., pushing, pulling, turning, controlling, activating, etc.)? Was the task easy or demanding, slow or brisk, slack or strenuous, restful or laborious?

1	2	3	4	5	6	7	8	9	10
Low									High

TEMPORAL DEMAND

How much time pressure did you feel due to the rate or pace at which the tasks or task elements occurred? Was the pace slow and leisurely or rapid and frantic?

1	2	3	4	5	6	7	8	9	10
Low									High

EFFORT

How hard did you have to work (mentally and physically) to accomplish your level of performance?

1	2	3	4	5	6	7	8	9	10	
Low									High	L

PERFORMANCE

How successful do you think you were in accomplishing the goals of the task set by the experimenter (or yourself)? How satisfied were you with your performance in accomplishing these goals?

1	2	3	4	5	6	7	8	9	10
Poor									Good

FRUSTRATION LEVEL

How insecure, discouraged, irritated, stressed and annoyed versus secure, gratified, content, relaxed and complacent did you feel during the task?

1	2	3	4	5	6	7	8	9	10
Low									High